



# EVOLVE FESTIVAL

28. - 31. AUGUST 2025  
HELENESEE

FRANKFURT (ODER)

Your partner in empowering teams  
& transforming your workplace.

## A UNIQUE OPPORTUNITY

A sober, four-day retreat fostering personal growth, self-discovery, and mental well-being since 2022.

Through an immersive programme with more than 150 bi-lingual offerings, including mindfulness, team-building workshops, and creative activities, evolve offers a transformative experience tailored for teams to recharge, reconnect, and thrive together.

## EMPLOYEE BENEFITS

- **Growth:** Overcome self-limiting beliefs, leave inspired and empowered - to thrive personally and professionally.
- **Enhanced Well-being:** develop resilience & stress management in a nurturing environment.
- **Connection:** Strengthen team trust and collaboration.



## COMPANY BENEFITS

- **Higher retention:** Employees supported in well-being are 34% less\* likely to leave.
- **Reduced stress-related absenteeism:** Proactively address burnout, lack of motivation and related costs.
- **Reflect positive CSR** and attract top talent through enhanced employer brand.

## EVOLVE PARTNERS



## PROGRAMME

- **Exclusive team-building workshop for your team.**
- Family area, children workshops
- Yoga, meditation & science-based health practices.
- Improv theatre & collective painting sessions.
- Nervous system activation, breathwork, sound healing, aroma therapies.
- Performances, concerts and body movement.



## GOOD TO KNOW

- **Tangible ROI:** Research shows\* every **\$1 invested** in mental health **yields \$2.30** in productivity and cost savings.
- 64% of businesses\* have seen a **rise in absenteeism** due to mental health problems.
- According to WHO\*, depression and anxiety result in **12 billion lost workdays** globally each year.

## EMPOWER YOUR EMPLOYEES NOW

Foster your team's performance & wellbeing: Contact us now and become a leading employer promoting the culture of care with evolve festival 2025!

For tailored packages contact:

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